

**Shannon Cooper-Sadlo, PhD/LCSW
Saint Louis University
School of Social Work**

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(314) 977-2726

EDUCATION

Saint Louis University, St. Louis, MO

2010-2015

PhD: Family Therapy

Dissertation: Reweaving the tapestry: A phenomenological exploration of maternal substance use, incarceration, and reunification

Mental Health/Mental Retardation Authority, Houston, TX	1997-1998
Senior Caseworker/Assertive Community Treatment Team	
Adapt of Missouri, St. Louis, MO	1996-1997
Intake Coordinator/Special Projects Supervisor	
St. Patrick Center, St. Louis, MO	1994-1995
Entitlement Specialist	
Promise House Youth Shelter, Dallas, TX	1994
Shift Lead	
Don	1993-1994
eville, IL	
Early Childhood Teacher	

LICENSURE AND CERTIFICATIONS

Licensed by the State of Missouri in Social Work (LCSW): January 2001-present

Cooper-Sadlo, S., Mancini, M. A., Meyer, D. D., & Chou, J. L. (2019). Mothers talk back: Exploring the experiences of formerly incarcerated mothers. *Contemporary Family Therapy*, 41(1), 92-101.

Chou, J. L., Cooper-Sadlo, S., & Jos, A. (2019). Authoritarian parenting. *Encyclopedia of Couple and Family Therapy*, 192-195.

Cooper

- Cooper-Sadlo, S. & Jos, A. (2012, May). *Advancing current treatment: Poverty, women, and co-occurring disorders*. Presenter at the IFTA Conference, San Francisco, CA.
- Cooper-Sadlo, S, Peters, D., & Russo, J. (2011, April). *Ethics of care after client suicide: Personal and professional implications for therapist survivors*. Presenter at the MOAFT Conference, Saint Louis University, St. Louis, MO.

Invited Presentations

- Cooper-Sadlo, S. (2022, June). *Suicide assessment and interventions among older adults*. Invited Presenter at Saint Louis University.
- Cooper-Sadlo, S. (2021, September). *Families and addiction*. HRSA Grant.
- Cooper-Sadlo, S. (2021, August). *Ethics and clinical practice*. Invited presenter at St. Louis Counseling.
- Cooper-Sadlo, S. (2020, September) *Motherhood and mental health with incarcerated women*. Invited presenter at UT-RGV: School of Medicine
- Cooper-Sadlo, S. (2020, August) *COVID 19, inequity, and collective trauma*. Invited presenter at Saint Louis University: School of Medicine
- Cooper-Sadlo, S. (2020, July). *Mental health challenges during the COVID-19 pandemic*. Invited presenter at Saint Louis University: College of Public Health and Social Justice.
- Cooper-Sadlo, S. (2019, September). *Ethical issues with children and youth*. Invited Presenter Saint Louis University.
- Cooper-Sadlo, S. (2019, August). *Ethical issues with children and youth*. Invited Presenter Catholic Charities.
- Cooper-Sadlo, S. (2019, August). *Conflict management*. Invited Presenter at Saint Louis University Department of Public Safety.
- Cooper-Sadlo, S. (2019, June). *Suicide assessment and interventions among older adults*. Invited Presenter at Saint Louis University.
- Cooper-Sadlo, S. (2018, November). *Opiate addiction and the family*. Invited presenter at Catholic Charities.
- Cooper-Sadlo, S. (2018, April). *Conflict resolution and mediation*. Invited presenter at Catholic Charities.
- Cooper-Sadlo, S. (2018, April). *Borderline personality disorder and case management*. Invited presenter at Places for People.
- Cooper-Sadlo, S. (2018, March). *Opiate addiction and the family*. Invited presenter at Saint Louis University.
- Cooper-Sadlo, S. (2017, November). *Personality disorders: Assessment and intervention*. Invited presenter at Saint Louis University.
- Cooper-Sadlo, S. (2017, August). *Ethics for School Social Workers*. Invited presenter at Catholic Family Services.
- Cooper-Sadlo, S. (2017, June). *Brief family therapy approaches in practice with children and youth*. Invited presenter at Saint Louis University.
- Cooper-Sadlo, S. (2017, March). *Evidence based practices with children and adolesc*0425(t)-4(h chi)3(I0912 0)

Cooper-Sadlo, S. (2016, July). *Motivational Interviewing*. Invited presenter at Pathways to Progress, St. Louis, MO.

Cooper-Sadlo, S. (2016, June). *Symposium on evidence-based practices with children and adolescents*. Invited presenter at Saint Louis University, St. Louis, MO.

Cooper-Sadlo, S. (2016, June). *DSM 5*. Invited presenter at Family Resource Center, St. Louis, MO.

Cooper-Sadlo, S. (2016, May). *Trauma-informed care*. Invited presenter at CHADS, St. Louis, MO.

Cooper-Sadlo, S. (2016, April). *Trauma-informed Care*. Invited presenter at Pathways to Progress, St. Louis, MO.

Cooper-Sadlo, S. (2016, April). *Conflict management*. Invited presenter at Catholic Charities, St. Louis, MO.

Cooper-Sadlo, S. (2016, April). *Keynote Address: A reflection of our p unique ability to adapt*. Invited presenter at MO-NASW convention, Branson, MO.

Cooper-Sadlo, S. (2016, February). *Personality disorders*. Invited presenter at Saint Louis University, St. Louis, MO.

Cooper-Sadlo, S. (2015, May). *Families in recovery*. Invited presenter at Saint Louis University, St. Louis, MO.

Cooper-Sadlo, S. (2015, March). *Childhood disorders*. Invited presenter at Catholic Charities, St. Louis, MO.

Cooper-Sadlo, S. (2014, December). *Families in recovery*. Invited presenter at Catholic Charities, St. Louis, MO.

Cooper-Sadlo, S. (2014, September). *DSM 5 and practice*. Invited presenter at ADAPT of MO.

Cooper-Sadlo, S. (2014, May). *Trauma-informed care*. Invited presenter at ADAPT of MO.

Cooper-Sadlo, S. (2014, February). *Families in recovery*. Invited presenter at Saint Louis University, St. Louis, MO.

Cooper-Sadlo, S. (2014, January). *DSM 5 and childhood disorders*. Invited presenter at Catholic Charities, St. Louis, MO.

Cooper-Sadlo, S. (2013, November). *DSM 5*. Invited presenter for the Center for Marriage and Family Therapy at Saint Louis University, St. Louis, MO.

Cooper-Sadlo, S. (2013, October). *DSM 5 and childhood disorders*. Invited presenter at Catholic Charities, St. Louis, MO.

Cooper-Sadlo, S. (2013, October). *Supervision refresher course*. Invited presenter at Saint Louis University, St. Louis, MO.

Cooper-Sadlo, S. (2013, April). *Formulating measurable treatment goals*. Invited presenter at Catholic Charities, St. Louis, MO.

Cooper-Sadlo, S. (2013, March). *Formulating measurable treatment goals*. Invited presenter at Catholic Charities, St. Louis, MO.

Cooper-Sadlo, S. (2011, April). *Social work mission and healthcare*. Invited presenter at DePaul Health Center, St. Louis, MO.

Cooper-Sadlo, S. (2011, February). *Disorders of childhood and adolescence*. Invited presenter at Catholic Charities and CASA, St. Louis, MO.

Cooper-Sadlo, S. (2011, March). *Clinical diagnosis in social work*. Invited presenter at Saint Louis University, St. Louis, MO.

Cooper-Sadlo, S. (2010, May). *Contemporary social work interventions for co-occurring disorders*. Invited presenter at Saint Louis University PPI, St. Louis, MO.

Cooper-Sadlo, S. (2009, November). *Disorders of childhood and adolescence*. Invited presenter at Catholic Charities, St. Louis, MO.

Cooper-Sadlo, S. (2009, September). *Differential diagnosis and personality disorders*.
Invited presenter at Saint Louis University School of Social Work CEU Series, St. Louis,
MO.

Field Instructor Certification

Cooper-Sadlo, S. (2011, May). *From practicum student to professional social worker*.
Saint Louis University, St. Louis, MO.

Cooper-Sadlo, S. (2010, June). *From practicum student to professional social worker*.
Saint Louis University, St. Louis, MO.

Cooper-Sadlo, S. (2009, June). *From practicum student to professional social worker*.
Saint Louis University, St. Louis, MO.

FUNDED RESEARCH

SAMSHA/SBIRT Teaching Grant
HRSA

December 2015-2018
January 2015- December 2017
March 2013-Present

Role: Co-Principal Investigator (PI: N. Fearn)

CONSULTATION TEAMS

St. Louis Counseling
Pathways to Progress
CSWE Substance Abuse Task Force
CSWE Trauma Task Force

January 2018-present
October 2015-June 2019
June 2019- present
January 2017-present

TEACHING EXPERIENCE

Instructor

Saint Louis University, St. Louis, MO

Mental Health and Criminal Justice
Multiculturalism for Professionals
Practice I and II: Assessment and Intervention with Individuals, Groups, and Families
Human Behavior and the Social Environment
Practicum Seminar BSSW and MSW
Contemporary Interventions for Co-Occurring Disorders
Introduction to Social Work
Clinical Diagnosis and Treatment in Mental Health
Evidence Based Practices in Mental Health
Approaches to Trauma Care
Advanced Social Work Practice
Advanced Social Work Practice in Trauma with Children and Youth
Group Practice
CBT

Foundations of Family Practice
Families in Recovery
Evidence Based Practices with Children and Adolescents

Quincy College, Quincy, MA

Introduction to Social Work
Introduction to Human Services
Introduction to Helping Skills
Substance Abuse Counseling

Course Development

Contemporary Interventions for Co-Occurring Disorders
Clinical Diagnosis and Treatment in Mental Health
Approaches to Trauma Care
Advanced Social Work Practice
Evidence Based Practices with Children and Adolescents
Advanced Family Practice
Families in Recovery
Social Work Practice with Groups
Social Work Practice with Families

AWARDS AND HONORS

Saint Louis University, St. Louis, MO

Outstanding Professor of the Year 2008, BSSW Program
Outstanding Professor of the Year 2009, BSSW Program
Outstanding Professor of the Year 2011, BSSW Program
Outstanding Professor of the Year 2012, BSSW Program
Outstanding Professor of the Year 2012, MSW Program
Outstanding Professor of the Year 2013, BSSW Program
Outstanding Professor of the Year 2014, BSSW Program
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